



Rialtas na hÉireann
Government of Ireland

Catalogue of Resources for Post Primary Schools



Prepared by the Department of Education and Skills

Catalogue of Resources for Post Primary Schools

The Catalogue of Resources provides a non-exhaustive list of documents and supports that are provided by the Department of Education and Skills (DES) and the Health Service Executive (HSE) to assist the promotion of wellbeing across school communities. This resource can be used alongside the Directory of Continuous Professional Development (CPD), which lists relevant CPD provided by the DES and the HSE to support the implementation of the Wellbeing Policy and Framework for Practice. These documents are divided into the four key areas of wellbeing promotion: Culture & Environment, Curriculum (Teaching & Learning), Policy & Planning and Relationships & Partnerships.

*There is repetition of resources listed in this catalogue as some resources are relevant to more than one area.

Key Area 1 - Culture and Environment

Resource	Description	Other relevant key areas
Anti-Bullying		
Anti-Bullying Procedures for Primary and Post-Primary Schools (DES, 2013): https://www.education.ie/en/Publications/Policy-Reports/Anti-Bullying-Procedures-for-Primary-and-Post-Primary-Schools.pdf	The Anti-Bullying procedures for primary and post-primary schools are mandatory and each school must have an anti-bullying policy which is reviewed annually.	Curriculum (Teaching & Learning) Policy & Planning Relationships & Partnerships
The National Anti-Bullying Website: www.tacklebullying.ie	A national anti-bullying website to support young people, parents and teachers affected by bullying.	Curriculum (Teaching & Learning) Relationships & Partnerships
Child Protection		
Child Protection Procedures for Primary and Post-Primary Schools (DES, 2017): https://www.education.ie/en/Schools-Colleges/Information/Child-Protection	Child Protection Procedures for schools are mandatory. Compulsory templates for Child Safeguarding Statements, Annual Reviews and Risk Assessments must be used as per DES guidelines on the DES website.	Policy & Planning Relationships & Partnerships
Classroom Management		
NEPS Guidelines, Hand-outs and Tips for teachers and Parents: https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Org-Motor-Skills/NEPS-Organisational-Skills-Staff-Room-Notice.pdf	NEPS have produced guidelines, handouts and tips for teachers and parents of pupils at post primary level. These include for example, listening to young people and promoting dialogue, mentoring, restorative practice and information on sensory classroom activities.	Relationships & Partnerships Curriculum (Teaching & Learning)

Guidelines and Circulars		
<p>Critical Incident Guidelines (NEPS, 2017):</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/Critical-Incidents.html</p>	<p>These guidelines help schools to plan for and to cope with the various challenges that arise from critical incidents.</p>	<p>Policy & Planning</p> <p>Relationships & Partnerships</p>
<p>Leadership and Management in Post Primary Schools Circular 0003/2018</p> <p>https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0003_2018.pdf</p>	<p>This circular sets out a leadership and management framework for posts in recognised post-primary schools.</p>	<p>Policy & Planning</p>
<p>NEPS Continuum of Support Guidelines and Documents:</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/Model-of-Service.html</p>	<p>This resource outlines the process schools and teachers may use to identify and cater for the special educational needs of individual pupils in proportion to the impact of those needs on their learning and socialisation. The process moves from simple classroom-based interventions to more specialised and individualised interventions.</p>	<p>Curriculum (Teaching & Learning)</p> <p>Policy & Planning</p>
<p>School Refusal – Good Practice Guide (HSE/NEPS, 2015): https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/School-Refusal/School-Refusal.pdf</p>	<p>This pack is intended to support students, parents and schools in working together to prevent school refusal occurring. In addition, if school refusal does happen, this pack attempts to seek and provide successful solutions so that the student can once again become part of the school community and enjoy a positive experience of school.</p>	<p>Curriculum (Teaching & Learning)</p> <p>Policy & Planning</p> <p>Relationships & Partnerships</p>
<p>Wellbeing in Post-Primary Schools Guidelines (DES/DOH, 2015):</p> <p>https://www.education.ie/en/Schools-Colleges/Information/Resources-Guidance/Well-Being-in-Post-Primary-Schools-Guidelines-for-Mental-Health-Promotion-and-Suicide-Prevention-2013.pdf</p>	<p>To access the opinions of learners on wellbeing promotion and other topics related to school life, schools may use the 'My Thoughts About School Checklist' and/or the 'Mental Health Promotion Self-Evaluation Questionnaire for Children and Young People'</p>	<p>Curriculum (Teaching & Learning)</p> <p>Relationships & Partnerships</p>

Internet Safety		
<p>Webwise: Post-Primary https://www.webwise.ie/post-primary/ BeInCtrl https://www.webwise.ie/beinctrl/ Lockers https://www.webwise.ie/lockers/ Up2Us https://www.webwise.ie/up2us-2/ Safer Internet Day https://www.webwise.ie/saferinternetday/</p>	<p>Webwise have developed resources for post-primary schools to address issues such as non-consensual image sharing, cyber-bullying and developing digital citizenship skills</p>	<p>Curriculum (Teaching & Learning) Relationships & Partnerships</p>
Promoting pupil voice		
<p>Listening to Children and Young People https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Listening-to-Young-People-and-Promoting-Dialogue/Listening-to-Children-and-Young-People.pdf</p>	<p>This resource was developed to support adults in their work with challenging and vulnerable children and young people.</p>	<p>Curriculum (Teaching & Learning) Relationships & Partnerships</p>
<p>Second-level student councils resource pack (National Children's Office) https://www.dcy.gov.ie/documents/childyouthparticipation/SCI_ResourcePackPF-ENG.pdf</p>	<p>This Resource Pack and Diary was developed for students, teachers and school management to support the establishment of student councils in second-level schools</p>	<p>Policy & Planning Relationships & Partnerships</p>
Pupil Health and Wellbeing		
<p>FRIENDS Programmes 'Friends for Life' and 'My Friends Youth' are school-based anxiety prevention and resilience building programmes. http://www.friendsresilience.org/</p>	<p>The Friends programmes help students to develop resilience by teaching them effective strategies to cope with, problem solve and manage all kinds of emotional distress, including worry, stress, change and anxiety. For further information about programmes that may be running in your locality, contact your school's NEPS psychologist.</p>	<p>Curriculum (Teaching & Learning) Relationships & Partnerships</p>
<p>Healthy Eating Policy Toolkit for Post Primary Schools www.hse.ie/schoolswellbeing</p>	<p>A toolkit to guide and support a school to either develop and implement a new policy or to review and improve an existing healthy eating policy.</p>	<p>Policy & Planning Relationships & Partnerships</p>
<p>Being LGBT in School https://www.education.ie/en/Publications/Education-Reports/Being-LGBT-in-School.pdf</p>	<p>A Resource for Post-Primary Schools to prevent homophobic and transphobic bullying and support LGBT students, developed by the Gay and Lesbian Equality Network (GLEN) as part of the implementation of the Action Plan on Bullying</p>	<p>Curriculum (Teaching & Learning) Relationships & Partnerships</p>

Safe and Supportive Schools www.hse.ie/schoolswellbeing	The LGBT Safe and Supportive Schools toolkit is for staff who want to create safe and supportive schools that are fully inclusive of lesbian, gay, bisexual and transgender people	Policy & Planning Relationships & Partnerships
Setting Up a Social Skills Training Group https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Social-Skills-Groups/	This guide provides information for primary and post primary schools on starting and running a social skills training group. It also provides information about social skills programmes that were evaluated as effective as part of a two year action research project that took place in Waterford.	Curriculum (Teaching & Learning)
Websites of resources		
HSE Schools Team www.hse.ie/schoolswellbeing	Information on the resources and professional development provided by the HSE Health Promotion and Improvement schools team.	Curriculum (Teaching & Learning) Policy & Planning Relationships & Partnerships
<i>HSE Schools and Young People</i> https://www.hse.ie/eng/services/list/4/mental-health-services/nosp/resources/communities/schoolsyouth/	The HSE website provides information and resources including booklets on areas including suicide, self-harm and mental health. The website also provides information on initiatives such as MindOurMinds which outlines how young people are promoting the importance of mental health among their schools and local communities.	Curriculum (Teaching and Learning)
<i>Professional Development Service for Teachers</i> https://pdst.ie/pp/healthandwellbeing	This resource provides information and resource documents on anti-bullying, child protection, physical education, RSE, SPHE and teacher wellbeing.	Curriculum (Teaching & Learning) Policy & Planning Relationships & Partnerships
National Centre for Guidance in Education (NCGE) https://www.ncge.ie/	The NCGE website provides information and resources on areas such as supporting young people to manage anxiety and depression, supporting and including Refugee and Asylum seeking children in education, supporting Lesbian, Gay and Transgender students and Positive Psychology in Guidance Counselling.	Curriculum (Teaching & Learning) Relationships & Partnerships
<i>National Council for Special Education</i> www.ncse.ie	The NCSE website provides information for schools about resources and professional development for teaching pupils with special educational needs.	Curriculum (Teaching & Learning) Policy & Planning

Key Area 2 - Curriculum (Teaching and Learning)

Resource	Description	Other relevant key areas
Anti-Bullying		
Anti-Bullying Procedures for Primary and Post-Primary Schools (DES, 2013): https://www.education.ie/en/Publications/Policy-Reports/Anti-Bullying-Procedures-for-Primary-and-Post-Primary-Schools.pdf	The Anti-Bullying procedures for primary and post-primary schools are mandatory and each school must have an anti-bullying policy which is reviewed annually.	Culture & Environment Policy & Planning Relationships & Partnerships
The National Anti-Bullying Website: www.tacklebullying.ie	A national anti-bullying website to support young people, parents and teachers affected by bullying.	Culture & Environment Relationships & Partnerships
Classroom Management		
NEPS Guidelines, Hand-outs and Tips for teachers and Parents: https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Org-Motor-Skills/NEPS-Organisational-Skills-Staff-Room-Notice.pdf	NEPS have produced guidelines, handouts and tips for teachers and parents of pupils at post primary level. These include information on sensory classroom activities, organisation tips, homework plans and resources for pupils with co-ordination difficulties.	Culture & Environment Relationships & Partnerships
Curriculum Documents and Frameworks		
The Framework for Junior Cycle : http://www.juniorycycle.ie/Curriculum/Framework-for-Junior-Cycle	The Framework for Junior Cycle is underpinned by eight principles. One of these is Wellbeing, providing for learners' physical, mental, emotional and social wellbeing and resilience. Wellbeing at Junior Cycle will encompass SPHE, Physical Education (PE) and Civic, Social and Political Education (CSPE). All schools are required to introduce all elements of Junior Cycle, including Wellbeing.	Policy & Planning
Circular letter 0055/2019 - Arrangements for the implementation of the Framework for Junior Cycle with particular reference to school year https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0055_2019.pdf	This circular supersedes Circular 79/2018 entitled "Arrangements for the Implementation of the Framework for Junior Cycle with particular reference to school year 2019/20" and sets out the arrangements now governing the implementation of the Framework for Junior Cycle 2015, with particular reference to the school year 2019/20.	Curriculum (Teaching & Learning)

<p>The Relationships and Sexuality Education (RSE) Post-Primary:</p> <p>https://www.education.ie/en/Schools-Colleges/Information/Post-Primary-School-Policies/Policies/Relationships-and-Sexuality-Education-RSE-.html</p>	<p>Implementation of the Relationships and Sexuality Education (RSE) Post-Primary is mandatory.</p>	<p>Policy & Planning</p> <p>Relationships & Partnerships</p>
<p>The Social, Personal and Health Education Curriculum (SPHE) - Junior Cycle, Post-Primary: http://www.sphe.ie/downloads/resources/sphe%20junior%20cycle%20syllabus.pdf</p>	<p>SPHE is mandatory for students in the Junior Cycle.</p>	<p>Policy & Planning</p>
<p>Junior Cycle Short Course for SPHE:</p> <p>https://www.curriculumonline.ie/getmedia/10a6e6be-40dd-425b-9463-dabfb2131fcd/NCCA-JC-Short-Course-SPHE.pdf</p>	<p>This is an optional short course for SPHE within the Framework for Junior Cycle</p>	<p>Policy & Planning</p>
<p>The Junior Cycle Syllabus in PE (DES 2003):</p> <p>https://www.curriculumonline.ie/Junior-cycle/Junior-Cycle-Subjects/Physical-Education</p>	<p>At post primary, provision for PE can be facilitated through the Junior Cycle Syllabus in PE (DES 2003)</p>	<p>Policy & Planning</p>
<p>The Junior Cycle Short Course PE (2016):</p> <p>https://www.curriculumonline.ie/Junior-cycle/Short-Courses/Physical-Education</p>	<p>At post primary, provision for PE can be facilitated through the Junior Cycle Short Course PE (2016)</p>	<p>Policy & Planning</p>
<p>The Senior Cycle SPHE Post Primary Curriculum:</p> <p>http://www.ncca.ie/en/Curriculum_and_Assessment/PostPrimary_Education/Senior_Cycle/SPHE_framework/</p>	<p>The Curriculum Framework for Social, Personal and Health Education builds on students' prior learning in primary and junior cycle SPHE. The framework is built around five areas of learning: Mental health, Gender studies, Substance use, RSE and Physical activity and nutrition</p>	<p>Policy & Planning</p>
<p>The Physical Education Framework- Senior Cycle:</p> <p>https://www.ncca.ie/en/senior-cycle/curriculum-developments/senior-cycle-physical-education-framework-scpe</p>	<p>At post primary, provision for PE can be facilitated through the Physical Education Framework – Senior Cycle</p>	<p>Policy & Planning</p>
<p>Guidelines and Circulars</p>		

<p>Assessment in Post Primary Schools - Assessment Toolkit:</p> <p>https://www.ncca.ie/en/junior-cycle/assessment-and-reporting/focus-on-learning</p>	<p>To support and assist teachers in engaging with the new assessment system at junior cycle, an online Assessment Toolkit has been developed. The toolkit is an essential element of quality assurance at junior cycle. It includes a range of assessment supports, advice, guidelines and exemplification that will enable schools and teachers to engage with the new assessment system in an informed way, with confidence and clarity.</p>	<p>Policy & Planning</p>
<p>DES Circular 43/2018 'Best practice guidance for post primary schools in the use of programmes and/or external facilitators in promoting wellbeing consistent with the Department of Education and Skills' Wellbeing Policy Statement and Framework for Practice'</p> <p>https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0043_2018.pdf</p>	<p>Schools can use DES Circulars 43/2018 (Post-Primary) which provide comprehensive and strengthened guidance for schools on the effective use of programmes and external facilitators in line with the Wellbeing Policy Statement and Framework for Practice.</p>	<p>Policy & Planning</p>
<p>DES Circular 08/2019 'Circular to the Management Authorities of all Post Primary Schools: Secondary, Community and Comprehensive Schools and the Chief Executive Officers of the Education and Training Boards - Special Education Teaching Allocation':</p> <p>https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0008_2019.pdf</p>	<p>DES Circular 08/2019 provides information on the allocation of special educational teaching resources.</p>	<p>Policy & Planning</p>
<p>Guidance for developing an Acceptable Usage Policy for Information and Communications Technology (ICT)</p> <p>https://www.pdsttechnologyineducation.ie/en/NEWS/How-to-develop-an-Acceptable-Use-Policy.html</p>	<p>The PDST Technology in Education guidelines support schools in developing Acceptable Usage policies for ICT.</p>	<p>Policy & Planning</p>
<p>Guidelines for developing a whole school Guidance Plan:</p> <p>https://www.education.ie/en/Schools-Colleges/Information/Post-Primary-School-Policies/Policies/Guidance-Plan.html</p>	<p>These guidelines support post-primary schools in developing a Guidance Plan.</p>	<p>Policy & Planning</p>

<p>Guidelines for Post-Primary Schools – Supporting Pupils with Special Educational Needs in Mainstream Schools (DES, 2017):</p> <p>https://www.education.ie/en/The-Education-System/Special-Education/Guidelines-for-Post-Primary-Schools-Supporting-Students-with-Special-Educational-Needs-in-Mainstream-Schools.pdf</p>	<p>The main purpose of these documents is to provide guidance to schools on the use, organisation and deployment of additional teaching resources for pupils with special educational needs.</p>	<p>Policy & Planning</p>
<p>Leadership and Management in Primary Schools Circular 0003/2018</p> <p>https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0003_2018.pdf</p>	<p>This circular sets out a leadership and management framework for posts in recognised post-primary schools.</p>	<p>Culture & Environment Policy & Planning</p>
<p>Looking At Our Schools 2016 – A quality framework for Post-Primary Schools (DES, 2016):</p> <p>https://www.education.ie/en/Publications/Inspection-Reports-Publications/Evaluation-Reports-Guidelines/Looking-at-Our-School-2016-A-Quality-Framework-for-Post-Primary-schools.pdf</p>	<p>Looking at our Schools 2016 – A Quality framework for Schools is designed to give a clear picture of what good or very good practices in a school look like. It will allow schools to look at their own practices and to identify what they are doing well, and what aspects of the school’s work could be further developed to improve pupils’ learning experiences and outcomes.</p>	<p>Policy & Planning</p>
<p>NEPS Continuum of Support Guidelines and Documents:</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/Model-of-Service.html</p>	<p>This resource outlines the process schools and teachers may use to identify and cater for the special educational needs of individual pupils in proportion to the impact of those needs on their learning and socialisation. The process moves from simple classroom-based interventions to more specialised and individualised interventions.</p>	<p>Culture & Environment Policy & Planning</p>
<p>Setting Up a Social Skills Training Group</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Social-Skills-Groups/</p>	<p>This guide provides information for post-primary schools on starting and running a social skills training group. It also provides information about social skills programmes that were evaluated as effective as part of a two year action research project that took place in Waterford.</p>	<p>Relationships & Partnerships</p>

<p>Wellbeing in Post Primary Schools Guidelines (DES/DOH, 2013):</p> <p>https://www.education.ie/en/Schools-Colleges/Information/Resources-Guidance/Well-Being-in-Post-Primary-Schools-Guidelines-for-Mental-Health-Promotion-and-Suicide-Prevention-2013.pdf</p>	<p>To access the opinions of learners on wellbeing promotion and other topics related to school life, schools may use the 'My Thoughts About School Checklist' and/or the 'Mental Health Promotion Self-Evaluation Questionnaire for Children and Young People'.</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>
<p>Internet Safety</p>		
<p>Webwise: Post-Primary</p> <p>https://www.webwise.ie/post-primary/</p> <p>BeInCtrl</p> <p>https://www.webwise.ie/beinctrl/</p> <p>Lockers</p> <p>https://www.webwise.ie/lockers/</p> <p>Up2Us</p> <p>https://www.webwise.ie/up2us-2/</p> <p>Safer Internet Day</p> <p>https://www.webwise.ie/saferinternetday/</p>	<p>Webwise have developed resources for post-primary schools to address issues such as non-consensual image sharing, cyber-bullying and developing digital citizenship skills</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>
<p>Promoting pupil voice</p>		
<p>Listening to Children and Young People</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Listening-to-Young-People-and-Promoting-Dialogue/Listening-to-Children-and-Young-People.pdf</p>	<p>This resource was developed to support adults in their work with challenging and vulnerable children and young people.</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>
<p>Pupil Health and Wellbeing</p>		
<p>Being LGBT in School</p> <p>https://www.education.ie/en/Publications/Education-Reports/Being-LGBT-in-School.pdf</p>	<p>A Resource for Post-Primary Schools to prevent homophobic and transphobic bullying and support LGBT students, developed by the Gay and Lesbian Equality Network (GLEN) as part of the implementation of the Action Plan on Bullying</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>

<p>FRIENDS Programmes</p> <p>'Friends for Life' and 'My Friends Youth' are school-based anxiety prevention and resilience building programmes.</p> <p>http://www.friendsresilience.org/</p>	<p>The Friends programmes help students to develop resilience by teaching them effective strategies to cope with, problem solve and manage all kinds of emotional distress, including worry, stress, change and anxiety. For further information about programmes that may be running in your locality, contact your school's NEPS psychologist.</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>
<p>Growing up LGBT</p> <p>www.hse.ie/schoolswellbeing</p>	<p>Growing Up LGBT is a teaching resource to support Relationships and Sexuality Education in junior and senior cycle.</p>	<p>Relationships & Partnerships</p>
<p>Know the Score</p> <p>www.hse.ie/schoolswellbeing</p>	<p>Know the Score is a teaching resource to support the substance use strand of senior cycle SPHE.</p>	<p>Relationships & Partnerships</p>
<p>MindOut 2</p> <p>www.sphe.ie</p>	<p>MindOut 2 is a social and emotional wellbeing programme for Transition Year or 5th year pupils</p>	<p>Relationships & Partnerships</p>
<p>Setting Up a Social Skills Training Group</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Social-Skills-Groups/</p>	<p>This guide provides information for primary and post primary schools on starting and running a social skills training group. It also provides information about social skills programmes that were evaluated as effective as part of a two year action research project that took place in Waterford.</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>
<p>Trust</p> <p>www.hse.ie/schoolswellbeing</p>	<p>The TRUST Resource is a teaching resource including a 40 minute DVD to support the Relationships and Sexuality Education strand of senior cycle SPHE.</p>	<p>Relationships & Partnerships</p>
<p>Transitions</p>		
<p>Transfer from Primary to Post-primary – Department of Education and Skills</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Transfer-from-Primary-to-Post-primary/Transition-to-Post-Primary-School-Staff-Room-Notice.pdf</p>	<p>This resource includes a NEPS transfer profile, a resource pack outlining how to prepare students with additional needs for the transition from primary to post primary school and a sample of transfer programmes and workbooks.</p>	<p>Policy & Planning</p>

Education Passport (NCCA, 2014): https://www.ncca.ie/en/primary/reporting-and-transfer/education-passport	The Education Passport materials support the transfer of pupil information from primary to post-primary school. From 2014/2015, schools should use these materials.	Policy & Planning
Transition to Post-Primary - Sample Transition Programmes https://www.sess.ie/sites/default/files/inline-files/Transition-to-Post-Primary-School-Sample-Transition-Programmes.pdf	This guide provides a sample of transfer programmes and workbooks, which can be used to prepare a student with additional needs (including ASD) for the transfer from primary to post primary school	Policy & Planning
Transition from Primary to Post Primary - Resource Pack https://www.sess.ie/sites/default/files/inline-files/Transition-from-Primary-to-Post-Primary.pdf	This good practice guide was developed to support students with Autism Spectrum Disorders (ASDs) who are transitioning from primary to post-primary school. It includes information on preparing for the transition, supporting the transition process, a checklist for parents and a Post-Primary Transfer Profile.	Policy & Planning
Websites of resources		
HSE Schools Team www.hse.ie/schoolswellbeing	Information on the resources and professional development provided by the HSE Health Promotion and Improvement schools team.	Culture & Environment Policy & Planning Relationships & Partnerships
<i>HSE Schools and Young People</i> https://www.hse.ie/eng/services/list/4/mental-health-services/nosp/resources/communities/schoolsyouth/	The HSE website provides information and resources including booklets on areas including suicide, self-harm and mental health. The website also provides information on initiatives such as MindOurMinds which outlines how young people are promoting the importance of mental health among their schools and local communities.	Culture & Environment Policy & Planning Relationships & Partnerships
<i>Junior Cycle for Teachers</i> https://www.jct.ie › wellbeing	The junior cycle wellbeing programme aims to equip students with the knowledge, attitudes and skills to enable them to protect and promote their own wellbeing and that of others.	Culture & Environment Policy & Planning Relationships & Partnerships
National Centre for Guidance in Education (NCGE) https://www.ncge.ie/	The NCGE website provides information and resources on areas such as supporting young people to manage anxiety and depression, supporting and including Refugee and Asylum seeking children in education, supporting Lesbian, Gay and Transgender students and Positive Psychology in Guidance Counselling.	Culture & Environment Policy & Planning Relationships & Partnerships

<p><i>National Council for Special Education</i></p> <p>www.ncse.ie</p>	<p>The NCSE website provides information for schools about resources and professional development for teaching pupils with special educational needs.</p>	<p>Culture & Environment</p> <p>Policy & Planning</p>
<p><i>Professional Development Service for Teachers</i></p> <p>https://pdst.ie/pp/healthandwellbeing</p>	<p>This resource provides information and resource documents on anti-bullying, child protection, physical education, RSE, SPHE and teacher wellbeing.</p>	<p>Culture & Environment</p> <p>Policy & Planning</p> <p>Relationships & Partnerships</p>
<p>Scoilnet</p> <p>https://www.scoilnet.ie</p>	<p>Scoilnet is the official education portal of the Department of Education and Skills in Ireland. This website provides curriculum-focused resources and support for primary and post-primary teachers</p>	<p>Policy & Planning</p>

Key Area 3 - Policy and Planning

Policy & Planning		
Resource	Description	Other Relevant Key Areas
Anti-Bullying		
Anti-Bullying Procedures for Primary and Post-Primary Schools (DES, 2013): https://www.education.ie/en/Publications/Policy-Reports/Anti-Bullying-Procedures-for-Primary-and-Post-Primary-Schools.pdf	The Anti-Bullying procedures for primary and post-primary schools are mandatory and each school must have an anti-bullying policy which is reviewed annually.	Culture & Environment Curriculum (Teaching & Learning) Relationships & Partnerships
The National Anti-Bullying Website: www.tacklebullying.ie	A national anti-bullying website to support young people, parents and teachers affected by bullying.	Culture & Environment Curriculum (Teaching & Learning) Relationships & Partnerships
Child Protection		
Child Protection Procedures for Primary and Post-Primary Schools (DES, 2017): https://www.education.ie/en/Schools-Colleges/Information/Child-Protection	Child Protection Procedures for schools are mandatory. Compulsory templates for Child Safeguarding Statements, Annual Reviews and Risk Assessments must be used as per DES guidelines on the DES website.	Culture & Environment Relationships & Partnerships
Curriculum Documents and Frameworks		
The Framework for Junior Cycle : http://www.juniorcycle.ie/Curriculum/Framework-for-Junior-Cycle	The Framework for Junior Cycle is underpinned by eight principles. One of these is Wellbeing, providing for learners' physical, mental, emotional and social wellbeing and resilience. Wellbeing at Junior Cycle will encompass SPHE, Physical Education (PE) and Civic, Social and Political Education (CSPE). All schools are required to introduce all elements of Junior Cycle, including Wellbeing.	Curriculum (Teaching & Learning)
The Relationships and Sexuality Education (RSE) Post-Primary : https://www.education.ie/en/Schools-Colleges/Information/Post-Primary-School-Policies/Policies/Relationships-and-Sexuality-Education-RSE-.html	Implementation of the Relationships and Sexuality Education (RSE) Post-Primary is mandatory.	Curriculum (Teaching & Learning) Relationships & Partnerships

<p>The Social, Personal and Health Education Curriculum (SPHE) - Junior Cycle, Post-Primary: http://www.sphe.ie/downloads/resources/sphe%20junior%20cycle%20syllabus.pdf</p>	<p>SPHE is mandatory for students in the Junior Cycle.</p>	<p>Curriculum (Teaching & Learning).</p>
<p>Junior Cycle Short Course for SPHE: https://www.curriculumonline.ie/getmedia/10a6e6be-40dd-425b-9463-dabfb2131fcd/NCCA-JC-Short-Course-SPHE.pdf</p>	<p>This is an optional short course for SPHE within the Framework for Junior Cycle.</p>	<p>Curriculum (Teaching & Learning)</p>
<p>The Junior Cycle Syllabus in PE (DES 2003): https://www.curriculumonline.ie/Junior-cycle/Junior-Cycle-Subjects/Physical-Education</p>	<p>At post primary, provision for PE can be facilitated through the Junior Cycle Syllabus in PE (DES 2003) .</p>	<p>Curriculum (Teaching & Learning)</p>
<p>The Junior Cycle Short Course PE (2016): https://www.curriculumonline.ie/Junior-cycle/Short-Courses/Physical-Education</p>	<p>At post primary, provision for PE can be facilitated through the Junior Cycle Short Course PE (2016).</p>	<p>Curriculum (Teaching & Learning)</p>
<p>The Senior Cycle SPHE Post Primary Curriculum: http://www.ncca.ie/en/Curriculum_and_Assessment/PostPrimary_Education/Senior_Cycle/SPHE_framework/</p>	<p>The Curriculum Framework for Social, Personal and Health Education builds on students' prior learning in primary and junior cycle SPHE. The framework is built around five areas of learning: Mental health, Gender studies, Substance use, RSE and Physical activity and nutrition.</p>	<p>Curriculum (Teaching & Learning)</p>
<p>The Physical Education Framework- Senior Cycle: https://www.ncca.ie/en/senior-cycle/curriculum-developments/senior-cycle-physical-education-framework-scpe</p>	<p>At post primary, provision for PE can be facilitated through the Physical Education Framework – Senior Cycle</p>	<p>Curriculum (Teaching & Learning)</p>
<p>Guidelines and Circulars</p>		
<p>Assessment in Post Primary Schools - Assessment Toolkit: https://www.ncca.ie/en/junior-cycle/assessment-and-reporting/focus-on-learning</p>	<p>To support and assist teachers in engaging with the new assessment system at junior cycle, an online Assessment Toolkit has been developed. The toolkit is an essential element of quality assurance at junior cycle. It includes a range of assessment supports, advice, guidelines and exemplification that will enable schools and teachers to engage with the new assessment system in an informed way, with confidence and clarity.</p>	

Data Protection Schools website: http://dataprotectionschools.ie/en/	The aim of this website is to provide an overview of data protection legislation and how it applies to schools. This website was developed by primary and post-primary management bodies with the assistance of the Department of Education and Skills.	
DES Circular 43/2018 'Best practice guidance for post primary schools in the use of programmes and/or external facilitators in promoting wellbeing consistent with the Department of Education and Skills' Wellbeing Policy Statement and Framework for Practice' https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0043_2018.pdf	Schools can use DES Circulars 43/2018 (Post-Primary) which provide comprehensive and strengthened guidance for schools on the effective use of programmes and external facilitators in line with the Wellbeing Policy Statement and Framework for Practice.	Curriculum (Teaching & Learning)
DES Circular 79/2018 'Arrangements for the Implementation of the Framework for Junior Cycle' https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0079_2018.pdf	This circular sets out the arrangements now governing the implementation of the Framework for Junior Cycle 2015.	Curriculum (Teaching & Learning)
DES Circular 08/2019 'Circular to the Management Authorities of all Post Primary Schools: Secondary, Community and Comprehensive Schools and the Chief Executive Officers of the Education and Training Boards - Special Education Teaching Allocation': https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0008_2019.pdf	DES Circular 08/2019 provides information on the allocation of special educational teaching resources.	Curriculum (Teaching & Learning)
Guidance for developing an Acceptable Usage Policy for Information and Communications Technology (ICT) https://www.pdsttechnologyineducation.ie/en/NEWS/How-to-develop-an-Acceptable-Use-Policy.html	The PDST Technology in Education guidelines support schools in developing Acceptable Usage policies for ICT.	Curriculum (Teaching & Learning)

<p>Guidelines for developing a whole school Guidance Plan:</p> <p>https://www.education.ie/en/Schools-Colleges/Information/Post-Primary-School-Policies/Policies/Guidance-Plan.html</p>	<p>These guidelines support post-primary schools in developing a Guidance Plan.</p>	<p>Curriculum (Teaching & Learning)</p>
<p>Guidelines for Post-Primary Schools – Supporting Pupils with Special Educational Needs in Mainstream Schools (DES, 2017):</p> <p>https://www.education.ie/en/The-Education-System/Special-Education/Guidelines-for-Post-Primary-Schools-Supporting-Students-with-Special-Educational-Needs-in-Mainstream-Schools.pdf</p>	<p>The main purpose of these documents is to provide guidance to schools on the use, organisation and deployment of additional teaching resources for pupils with special educational needs.</p>	<p>Curriculum (Teaching & Learning)</p>
<p>Leadership and Management in Primary Schools Circular 0003/2018</p> <p>https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0003_2018.pdf</p>	<p>This circular sets out a leadership and management framework for posts in recognised post-primary schools.</p>	<p>Culture & Environment Curriculum (Teaching & Learning)</p>
<p>Looking At Our Schools 2016 – A quality framework for Post-Primary Schools (DES, 2016):</p> <p>https://www.education.ie/en/Publications/Inspection-Reports-Publications/Evaluation-Reports-Guidelines/Looking-at-Our-School-2016-A-Quality-Framework-for-Post-Primary-schools.pdf</p>	<p>Looking at our Schools 2016 – A Quality framework for Schools is designed to give a clear picture of what good or very good practices in a school look like. It will allow schools to look at their own practices and to identify what they are doing well, and what aspects of the school's work could be further developed to improve pupils' learning experiences and outcomes.</p>	<p>Curriculum (Teaching & Learning)</p>
<p>NEPS Continuum of Support Guidelines and Documents:</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/Model-of-Service.html</p>	<p>This resource outlines the process schools and teachers may use to identify and cater for the special educational needs of individual pupils in proportion to the impact of those needs on their learning and socialisation. The process moves from simple classroom-based interventions to more specialised and individualised interventions.</p>	<p>Culture & Environment Curriculum (Teaching & Learning)</p>

<p>Wellbeing in Post Primary Schools Guidelines (DES/DOH, 2013):</p> <p>https://www.education.ie/en/Schools-Colleges/Information/Resources-Guidance/Well-Being-in-Post-Primary-Schools-Guidelines-for-Mental-Health-Promotion-and-Suicide-Prevention-2013.pdf</p>	<p>To access the opinions of learners on wellbeing promotion and other topics related to school life, schools may use the 'My Thoughts About School Checklist' and/or the 'Mental Health Promotion Self-Evaluation Questionnaire for Children and Young People'</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>
<p>Internet Safety</p>		
<p>Webwise: Post-Primary</p> <p>https://www.webwise.ie/post-primary/</p> <p>BeInCtrl</p> <p>https://www.webwise.ie/beinctrl/</p> <p>Lockers</p> <p>https://www.webwise.ie/lockers/</p> <p>Up2Us</p> <p>https://www.webwise.ie/up2us-2/</p> <p>Safer Internet Day</p> <p>https://www.webwise.ie/saferinternetday/</p>	<p>Webwise have developed resources for post-primary schools to address issues such as non-consensual image sharing, cyber-bullying and developing digital citizenship skills</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>
<p>Promoting Pupil Voice</p>		
<p>Second-level student councils resource pack (National Children's Office)</p> <p>https://www.dcy.gov.ie/documents/childyouthparticipation/SCI_ResourcePackPF-ENG.pdf</p>	<p>This Resource Pack and Diary was developed for students, teachers and school management to support the establishment of student councils in second-level schools</p>	<p>Culture & Environment</p> <p>Relationships & Partnerships</p>
<p>Student Support Teams</p>		
<p>Student Support Teams in Post-Primary Schools. A Guide to Establishing a Team or Reviewing an Existing Team</p> <p>https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/Student-Support-Teams-in-Post-Primary-Schools.pdf</p>	<p>These guidelines have been prepared as an aid in establishing a team or reviewing an existing team. It is intended to support all personnel who have a responsibility for student support in post primary schools by describing how resources within a school can be organised to benefit all students particularly those presenting with additional support needs.</p>	<p>Relationships and Partnership</p>

Transitions		
Education Passport (NCCA, 2014): https://www.ncca.ie/en/primary/reporting-and-transfer/education-passport	The Education Passport materials support the transfer of pupil information from primary to post-primary school. From 2014/2015, schools should use these materials.	Curriculum (Teaching & Learning)
Transfer from Primary to Post-primary – Department of Education and Skills https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Transfer-from-Primary-to-Post-primary/Transition-to-Post-Primary-School-Staff-Room-Notice.pdf	This resource includes a NEPS transfer profile, a resource pack outlining how to prepare students with additional needs for the transition from primary to post primary school and a sample of transfer programmes and workbooks.	Curriculum (Teaching & Learning)
Transition to Post Primary - Transfer Profile https://www.sess.ie/sites/default/files/inline-files/Transition-to-Post-Primary-Transfer-Profile_0.pdf	The Transfer profile can be used for all / any young person with additional needs transferring to post primary school, to facilitate the sharing of information between schools.	Curriculum (Teaching & Learning)
Transition to Post-Primary - Sample Transition Programmes https://www.sess.ie/sites/default/files/inline-files/Transition-to-Post-Primary-School-Sample-Transition-Programmes.pdf	This guide provides a sample of transfer programmes and workbooks, which can be used to prepare a student with additional needs (including ASD) for the transfer from primary to post primary school	Curriculum (Teaching & Learning)
Transition from Primary to Post Primary - Resource Pack https://www.sess.ie/sites/default/files/inline-files/Transition-from-Primary-to-Post-Primary.pdf	This good practice guide was developed to support students with Autism Spectrum Disorders (ASDs) who are transitioning from primary to post-primary school. It includes information on preparing for the transition, supporting the transition process, a checklist for parents and a Post-Primary Transfer Profile.	Curriculum (Teaching & Learning)
Websites of resources		
HSE Schools Team www.hse.ie/schoolswellbeing	Information on the resources and professional development provided by the HSE Health Promotion and Improvement schools team.	Culture & Environment Curriculum (Teaching & Learning) Relationships & Partnerships

<p><i>HSE Schools and Young People</i></p> <p>https://www.hse.ie/eng/services/list/4/mental-health-services/nosp/resources/communities/schoolsyouth/</p>	<p>The HSE website provides information and resources including booklets on areas including suicide, self-harm and mental health. The website also provides information on initiatives such as MindOurMinds which outlines how young people are promoting the importance of mental health among their schools and local communities.</p>	<p>Curriculum (Teaching and Learning)</p>
<p><i>Junior Cycle for Teachers</i></p> <p>https://www.jct.ie › wellbeing</p>	<p>The junior cycle wellbeing programme aims to equip students with the knowledge, attitudes and skills to enable them to protect and promote their own wellbeing and that of others.</p>	<p>Culture & Environment</p> <p>Curriculum (Teaching & Learning)</p> <p>Relationships & Partnerships</p>
<p>National Centre for Guidance in Education (NCGE)</p> <p>https://www.ncge.ie/</p>	<p>The NCGE website provides information and resources on areas such as supporting young people to manage anxiety and depression, supporting and including Refugee and Asylum seeking children in education, supporting Lesbian, Gay and Transgender students and Positive Psychology in Guidance Counselling.</p>	<p>Culture & Environment</p> <p>Curriculum (Teaching & Learning)</p> <p>Relationships & Partnerships</p>
<p><i>National Council for Special Education</i></p> <p>www.ncse.ie</p>	<p>The NCSE website provides information for schools about resources and professional development for teaching pupils with special educational needs.</p>	<p>Culture & Environment</p> <p>Curriculum (Teaching & Learning)</p>
<p><i>Professional Development Service for Teachers</i></p> <p>https://pdst.ie/pp/healthandwellbeing</p>	<p>This resource provides information and resource documents on anti-bullying, child protection, physical education, RSE, SPHE and teacher wellbeing.</p>	<p>Culture & Environment</p> <p>Curriculum (Teaching & Learning)</p> <p>Relationships & Partnerships</p>
<p>Scoilnet</p> <p>https://www.scoilnet.ie</p>	<p>Scoilnet is the official education portal of the Department of Education and Skills in Ireland. This website provides curriculum-focused resources and support for primary and post-primary teachers</p>	<p>Curriculum (Teaching & Learning)</p>

Key Area 4 - Relationships & Partnerships

Resource	Description	Other Relevant Key Areas
Anti-Bullying		
Anti-Bullying Procedures for Primary and Post-Primary Schools (DES, 2013): https://www.education.ie/en/Publications/Policy-Reports/Anti-Bullying-Procedures-for-Primary-and-Post-Primary-Schools.pdf	The Anti-Bullying procedures for primary and post-primary schools are mandatory and each school must have an anti-bullying policy which is reviewed annually.	Culture & Environment Curriculum (Teaching & Learning) Policy & Planning
The National Anti-Bullying Website: www.tacklebullying.ie	A national anti-bullying website to support young people, parents and teachers affected by bullying.	Culture & Environment Curriculum (Teaching & Learning)
Child Protection		
Child Protection Procedures for Primary and Post-Primary Schools (DES, 2017): https://www.education.ie/en/Schools-Colleges/Information/Child-Protection	Child Protection Procedures for schools are mandatory. Compulsory templates for Child Safeguarding Statements, Annual Reviews and Risk Assessments must be used as per DES guidelines on the DES website.	Culture & Environment Policy & Planning
Classroom Management		
NEPS Guidelines, Hand-outs and Tips for teachers and Parents: https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Org-Motor-Skills/NEPS-Organisational-Skills-Staff-Room-Notice.pdf	NEPS have produced guidelines, handouts and tips for teachers and parents of pupils at post primary level. These include for example, listening to young people and promoting dialogue, mentoring and restorative practice.	Culture & Environment Curriculum (Teaching & Learning)
Guidelines and Circulars		
Critical Incident Guidelines (NEPS, 2017): https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/Critical-Incidents.html	These guidelines help schools to plan for and to cope with the various challenges that arise from critical incidents.	Culture & Environment Policy & Planning

School Refusal – Good Practice Guide (HSE/NEPS, 2015): https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/School-Refusal/School-Refusal.pdf	This pack is intended to support students, parents and schools in working together to prevent school refusal occurring. In addition, if school refusal does happen, this pack attempts to seek and provide successful solutions so that the student can once again become part of the school community and enjoy a positive experience of school.	Culture & Environment Curriculum (Teaching & Learning) Policy & Planning
Internet Safety		
Webwise: Post-Primary https://www.webwise.ie/post-primary/ BeInCtrl https://www.webwise.ie/beinctrl/ Lockers https://www.webwise.ie/lockers/ Up2Us https://www.webwise.ie/up2us-2/ Safer Internet Day https://www.webwise.ie/saferinternetday/	Webwise have developed resources for post-primary schools to address issues such as non-consensual image sharing, cyber-bullying and developing digital citizenship skills	Culture & Environment Curriculum (Teaching & Learning)
Promoting pupil voice		
Second-level student councils resource pack (National Children’s Office) https://www.dcy.gov.ie/documents/childyouthparticipation/SCI_ResourcePackPF-ENG.pdf	This Resource Pack and Diary was developed for students, teachers and school management to support the establishment of student councils in second-level schools	Culture & Environment Policy & Planning
Pupil Health and Wellbeing		
Being LGBT in School https://www.education.ie/en/Publications/Education-Reports/Being-LGBT-in-School.pdf	A Resource for Post-Primary Schools to prevent homophobic and transphobic bullying and support LGBT students, developed by the Gay and Lesbian Equality Network (GLEN) as part of the implementation of the Action Plan on Bullying	Culture & Environment Curriculum (Teaching & Learning)
MindOut 2 www.hse.ie/schoolswellbeing	MindOut 2 is a social and emotional wellbeing programme for Transition Year or 5th year pupils to support the mental health strand of senior cycle SPHE.	Curriculum (Teaching & Learning)
Setting Up a Social Skills Training Group https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/NEPS-Guides/Social-Skills-Groups/	This guide provides information for primary and post primary schools on starting and running a social skills training group. It also provides information about social skills programmes that were evaluated as effective as part of a two year action research project that took place in Waterford.	Curriculum (Teaching & Learning)

Student Support Teams		
<p>Student Support Teams in Post-Primary Schools. A Guide to Establishing a Team or Reviewing an Existing Team https://www.education.ie/en/Schools-Colleges/Services/National-Educational-Psychological-Service-NEPS-/Student-Support-Teams-in-Post-Primary-Schools.pdf</p>	<p>These guidelines have been prepared as an aid in establishing a team or reviewing an existing team. It is intended to support all personnel who have a responsibility for student support in post primary schools by describing how resources within a school can be organised to benefit all students particularly those presenting with additional support needs.</p>	<p>Policy and Planning</p>
<p>HSE Schools Team www.hse.ie/schoolswellbeing</p>	<p>Information on the resources and professional development provided by the HSE Health Promotion and Improvement schools team.</p>	<p>Culture & Environment Curriculum (Teaching & Learning) Policy & Planning</p>
<p>HSE Schools and Young People https://www.hse.ie/eng/services/list/4/mental-health-services/nosp/resources/communities/schoolsyouth/</p>	<p>The HSE website provides information and resources including booklets on areas including suicide, self-harm and mental health. The website also provides information on initiatives such as MindOurMinds which outlines how young people are promoting the importance of mental health among their schools and local communities.</p>	<p>Curriculum (Teaching and Learning)</p>
<p>Junior Cycle for Teachers https://www.jct.ie › wellbeing</p>	<p>The junior cycle wellbeing programme aims to equip students with the knowledge, attitudes and skills to enable them to protect and promote their own wellbeing and that of others.</p>	<p>Culture & Environment Curriculum (Teaching & Learning) Policy & Planning</p>
<p>National Council for Special Education www.ncse.ie</p>	<p>The NCSE website provides information for schools about resources and professional development for teaching pupils with special educational needs.</p>	<p>Culture & Environment Curriculum (Teaching & Learning) Policy & Planning</p>
<p>Professional Development Service for Teachers https://pdst.ie/pp/healthandwellbeing</p>	<p>This resource provides information and resource documents on anti-bullying, child protection, physical education, RSE, SPHE and teacher wellbeing.</p>	<p>Culture & Environment Curriculum (Teaching & Learning) Policy & Planning</p>
<p>Scoilnet https://www.scoilnet.ie</p>	<p>Scoilnet is the official education portal of the Department of Education and Skills in Ireland. This website provides curriculum-focused resources and support for primary and post-primary teachers</p>	<p>Curriculum (Teaching & Learning) Policy & Planning</p>

